

WINGERS ALLERGEN MATRIX

Effective date	01-Sep-26	Source: Wingers Head Office													
○ = May contain		● = Contains							Blank = No Allergen Declared						
Section	Menu Item	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
New!	The Wingers Salad Bowl	●	●		●			●					●	●	
Wings / Tenders	Wings (Plain Jane)	●	●					●						●	
Wings / Tenders	Wings (Franks Buffalo)	●	●					●						●	
Wings / Tenders	Wings (Sweet Hoi)	●	●					●					●	●	
Wings / Tenders	Wings (Garlic & Parmesan)	●	●		●			●		●				●	
Wings / Tenders	Wings (American BBQ)	●	●					●		●			●	●	
Wings / Tenders	Wings (Jerk BBQ)	●	●					●			○			●	
Wings / Tenders	Wings (Sriracha)	●	●					●		○			●	●	
Wings / Tenders	Wings (Ancho Dry Rub)	●	●					●		○				●	○
Wings / Tenders	Tenders (Plain Jane)	●	●					●						●	
Wings / Tenders	Tenders (Franks Buffalo)	●	●					●						●	
Wings / Tenders	Tenders (Sweet Hoi)	●	●					●					●	●	
Wings / Tenders	Tenders (Garlic & Parmesan)	●	●		●			●		●				●	
Wings / Tenders	Tenders (American BBQ)	●	●					●		●			●	●	
Wings / Tenders	Tenders (Jerk BBQ)	●	●					●			○			●	
Wings / Tenders	Tenders (Sriracha)	●	●					●		○			●	●	
Wings / Tenders	Tenders (Ancho Dry Rub)	●	●					●		○				●	○
Wings / Tenders	20 Wing Share Box	●	●					●						●	
Wings / Tenders	20 Tender Share Box	●	●					●						●	

Section	Menu Item	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Jackfruit	Jackfruit Wings (Plain Jane)		●					●						●	
Jackfruit	Jackfruit Wings (Franks Buffalo)		●					●						●	
Jackfruit	Jackfruit Wings (Sweet Hoi)		●					●					●	●	
Jackfruit	Jackfruit Wings (Garlic & Parmesan)		●		●			●		●				●	
Jackfruit	Jackfruit Wings (American BBQ)		●					●		●				●	
Jackfruit	Jackfruit Wings (Jerk BBQ)		●					●			○			●	
Jackfruit	Jackfruit Wings (Sriracha)		●					●		●			●	●	
Jackfruit	Jackfruit Wings (Ancho Dry Rub)	●	●					●		○				●	○
Core Range	The Wingers Wrap (Plain Jane)	●	●		●			●		●				●	
Core Range	The Wingers Wrap (Franks Buffalo)	●	●		●			●		●				●	
Core Range	The Wingers Wrap (American BBQ)	●	●		●			●		●				●	
Core Range	The Wingers Wrap (Jerk BBQ)	●	●		●			●		●	○			●	
Core Range	The Wingers Wrap (Sweet Hoi)	●	●		●			●		●			●	●	
Core Range	The Wingers Wrap (Garlic & Parmesan)	●	●		●			●		●				●	
Core Range	The Wingers Wrap (Sriracha)	●	●		●			●		●			●	●	
Core Range	The Wingers Wrap (Ancho Dry Rub)	●	●		●			●		○				●	○
Core Range	Classic Wingers Burger (Plain Jane)	●	●		●			●		●				●	
Core Range	Classic Wingers Burger (Franks Buffalo)	●	●		●			●		●				●	
Core Range	Classic Wingers Burger (American BBQ)	●	●		●			●		●				●	
Core Range	Classic Wingers Burger (Jerk BBQ)	●	●		●			●		●	○			●	
Core Range	Classic Wingers Burger (Sweet Hoi)	●	●		●			●		●			●	●	
Core Range	Classic Wingers Burger (Garlic & Parmesan)	●	●		●			●		●				●	
Core Range	Classic Wingers Burger (Sriracha)	●	●		●			●		●			●	●	
Core Range	Classic Wingers Burger (Ancho Dry Rub)	●	●		●			●		○				●	○
Core Range	Hot Buffalo Double Burger	●	●		●			●		●				●	

Section	Menu Item	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Core Range	Meat Free Burger (Plain Jane)	●	●		●			●		●				●	
Core Range	Meat Free Burger (Franks Buffalo)	●	●		●			●		●				●	
Core Range	Meat Free Burger (American BBQ)	●	●		●			●		●				●	
Core Range	Meat Free Burger (Jerk BBQ)	●	●		●			●		●	○			●	
Core Range	Meat Free Burger (Sweet Hoi)	●	●		●			●		●			●	●	
Core Range	Meat Free Burger (Garlic & Parmesan)	●	●		●			●		●				●	
Core Range	Meat Free Burger (Sriracha)	●	●		●			●		●			●	●	
Core Range	Meat Free Burger (Ancho Dry Rub)	●	●		●			●		○				●	○
Milkshakes	Vanilla							●							
Milkshakes	Coffee							●							
Milkshakes	Strawberry							●							
Milkshakes	Chocolate		○		○			●						●	○
Milkshakes	Oreo		●		○			●						●	○
Milkshakes	Biscoff		●					●						●	
Milkshakes	Honey & Belgian Waffle		●		○			●						●	
Specials	Loaded Jerk Fries	●	●		●	●		●		●	○	○		●	●
Specials	Mac N Cheese Tenders (Plain Jane)	●	●					●		○		○		●	●
Specials	Mac N Cheese Tenders (Sweet Hoi)	●	●					●		○		○	●	●	●
Specials	Mac N Cheese Tenders (Garlic & Parmesan)	●	●		●			●		○		○		●	●
Specials	Mac N Cheese Tenders (Franks Buffalo)	●	●					●		○		○		●	●
Specials	Mac N Cheese Tenders (American BBQ)	●	●					●		●		○	●	●	●
Specials	Mac N Cheese Tenders (Jerk BBQ)	●	●					●		○	○	○		●	●
Specials	Mac N Cheese Tenders (Sriracha)	●	●					●		○		○	●	●	●
Specials	Mac N Cheese Tenders (Ancho Dry Rub)	●	●					●		○		○		●	●
Specials	Wingers Feast Bowl (Plain Jane)	●	●		●			●		●				●	

Section	Menu Item	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Specials	Wingers Feast Bowl (Sweet Hoi)	●	●		●			●		●			●	●	
Specials	Wingers Feast Bowl (Garlic & Parmesan)	●	●		●			●		●				●	
Specials	Wingers Feast Bowl (Franks Buffalo)	●	●		●			●		●				●	
Specials	Wingers Feast Bowl (American BBQ)	●	●		●			●		●			●	●	
Specials	Wingers Feast Bowl (Jerk BBQ)	●	●		●			●		●	○			●	
Specials	Wingers Feast Bowl (Sriracha)	●	●		●			●		●			●	●	
Specials	Wingers Feast Bowl (Ancho Dry Rub)	●	●					●		●				●	○
Sides	Wingers Fries		●		●			●		●				●	
Sides	Skin on Fries							●						●	
Sides	Buffalo Cauliflower Bites		●		●			●		●				●	
Sides	Mac N Cheese	●	●					●				○		●	●
Sides	Mac N Cheese Croquettes		●					●						●	
Sides	Homemade Slaw				●					●					
Sides	Wingers Gravy														○
Cookies	Biscoffinator Cookie		●		●			●			○	○		●	
Cookies	Chocolate Chip Cookie		●		●			●			○	○		●	
Cookies	Cookies & Cream Cookie		●		●			●			○	○		●	
Cookies	Churrolicious Cookie		●		●			●						●	
Cookies	Funfetti Cookie		●		●			●			○	○		●	
Cookies	Red Velvet Cookie		●		●			●						●	
Dips	Ketchup	●													
Dips	Mayonnaise				●					●					
Dips	Wingers Signature Sauce	●	●		●	●				●		○			●
Dips	Sriracha Mayo				●					●			●	○	
Dips	Honey & Mustard				●					●					

Section	Menu Item	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	sulphites
Dips	Sweet Hoi		●										●	●	
Dips	Garlic & Parmesan				●			●		●					
Dips	Franks Buffalo														
Dips	American BBQ									●					
Dips	Jerk BBQ		●								○				
Dips	Sriracha									○			●	○	
Dips	Blue Cheese				●			●		●					
Dips	Homemade Ranch				●			●		●					●
Alcoholic Drinks	Somersby Cider														●
Alcoholic Drinks	Estrella		●												

FRESHLY PREPARED FOOD

All of our food is freshly prepared in our kitchens, where the following allergens are handled:

Cereals containing gluten, crustaceans, eggs, fish, peanuts, soybeans, milk, tree nuts, celery, mustard, sesame, sulphur dioxide/sulphites, lupin and molluscs.

Whilst we take every reasonable precaution to minimise the risk of cross-contamination, we cannot guarantee that any product is completely free from allergens, as ingredients, equipment, fryers, utensils and preparation areas are shared.

If you have a severe allergy, please inform a member of the team before ordering so we can advise you appropriately.

ALLERGEN & CROSS-CONTAMINATION NOTICE

Some of our menu items contain or may contain traces of allergens, including peanuts and tree nuts, due to our shared kitchen environment.

Although we follow strict food safety procedures, we cannot guarantee that our food is suitable for customers with severe allergies.

NATURALLY OCCURRING HAZARDS

Whilst every effort is made to remove bones from our tenders, we cannot guarantee their complete absence. Please take care when consuming our products.